

Looking at concerns and struggles... Getting some “perspective”

Situation: Who is unhappy? (possibly “me”)

Why is that person unhappy?

What is happening?

My reaction to this?

Is there anything I can do to help out?

Can I actually “fix” this situation?

*So....shifting to a larger perspective than “just me”
looking at this concern in terms of location, numbers of people and history of people on earth*

Looking at the concern:

- The specific problem/challenge that the other person (or myself) is struggling with
- My worry or concern ABOUT that other person's challenge (or about my own challenge)
- My own challenge(s)

<u>So...</u> <u>Where</u> <u>do people struggle with this particular issue?</u>			<u>So...</u> <u>How long</u> <u>has this particular concern been a struggle for people?</u>			
Where?	That problem ✓ and/or my concern	About how many people have this concern? (A guess)	How long?	That problem ✓ and/or my concern	How long?	That problem ✓ and/or my concern
In my home?			Today?		1000 years?	
In my town?			This week?		1500 years?	
In 50 mile radius			This month?		2000 years?	
In 500 mile radius?			This 6 months?		1250 years?	
In 2000 mile radius?			This year?		1500 years?	
In Northern Hemisphere?			This 5 years?		2000 years?	
In Western Hemisphere?			This 10 years?		2500 years?	
Southern/Eastern Hemispheres?			This 20 years?		3000 years?	
70 countries?			This 30 years?		4000 years?	
90 countries			50 years?		5000 years?	
100 countries			100 years?		6000 years?	
110 countries			200 years?		7000 years?	
140 countries?			300 years?		10,000 years?	
150 countries?			400 years?		50,000 years?	
151 countries?			500 years?		100,000 years?	
152 countries?			600 years?		500,000 years?	
153 countries?			700 years?		1,000,000 years?	
154 countries?			800 years?		1,500,000 years?	
Every spot on earth			900 years?		Unfathomable amounts of time?	